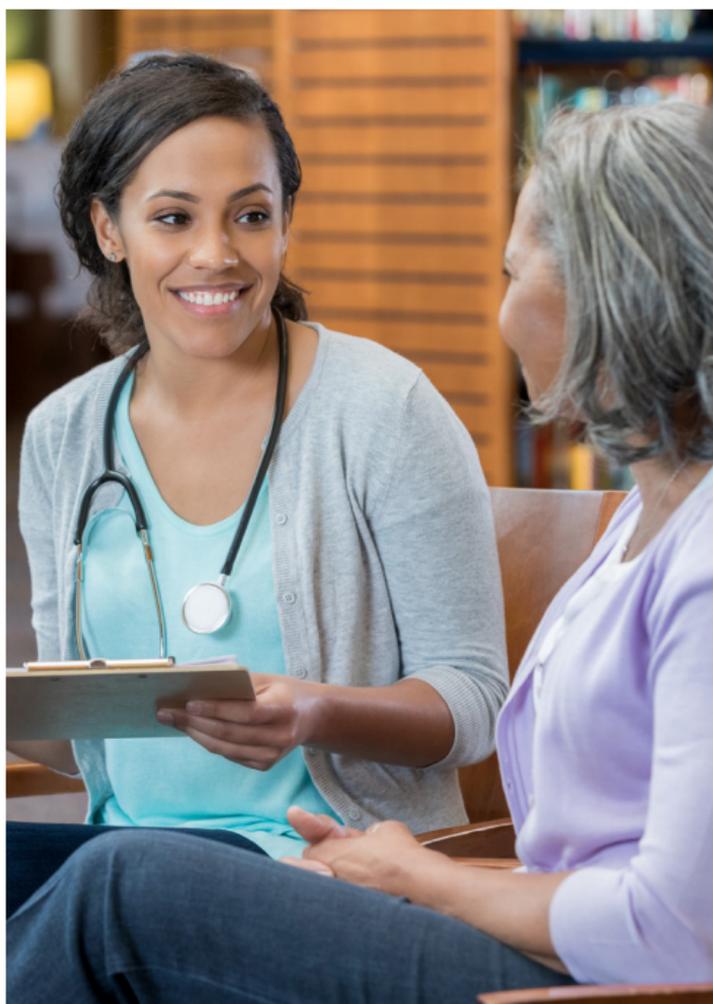


# Brain Health Unit



LIFEBRIDGE HEALTH

 **LEVINDALE**

*A LifeBridge Health Center*

**CARE BRAVELY**

*Visit [lifebridgehealth.org/levindale](https://lifebridgehealth.org/levindale) or call  
410-601-2400 for more information.*



**Levindale's inpatient Brain Health Unit provides treatment for older patients who have cognitive disorders related to dementia, Alzheimer's or other similar disabilities. The Brain Health Unit is designed to provide care for the entire person. We strive to help patients achieve their maximum potential and highest quality of life.**

Our Brain Health Unit is not a psychiatric unit, and we do not admit persons who are suicidal, homicidal, violent or violently impulsive. We believe in treating the entire person and work hard to address medical issues that affect cognitive clarity and overall health. We offer excellent rehab services and our patients are assessed for speech, occupational and physical therapy needs.

Our patients are followed by an internal medicine physician and we have psychiatric consultants who specialize in cognitive disorders and round on our patients as needed. We employ a structured care model that engages patients with healthy activities and promotes a calm environment perfectly suited for healing and regaining as much brain function as allowed by the disease process. Following the patient-centered care model, each plan of care is tailored to the patient's needs and communicated via multidisciplinary care plan meetings on a regular basis.

Our Brain Health Unit is secure because we care deeply about the safety of our patients, particularly patients with some form of dementia and who may wander. Levindale's Brain Health Unit does not take involuntary admissions as we are not a licensed psychiatric unit.

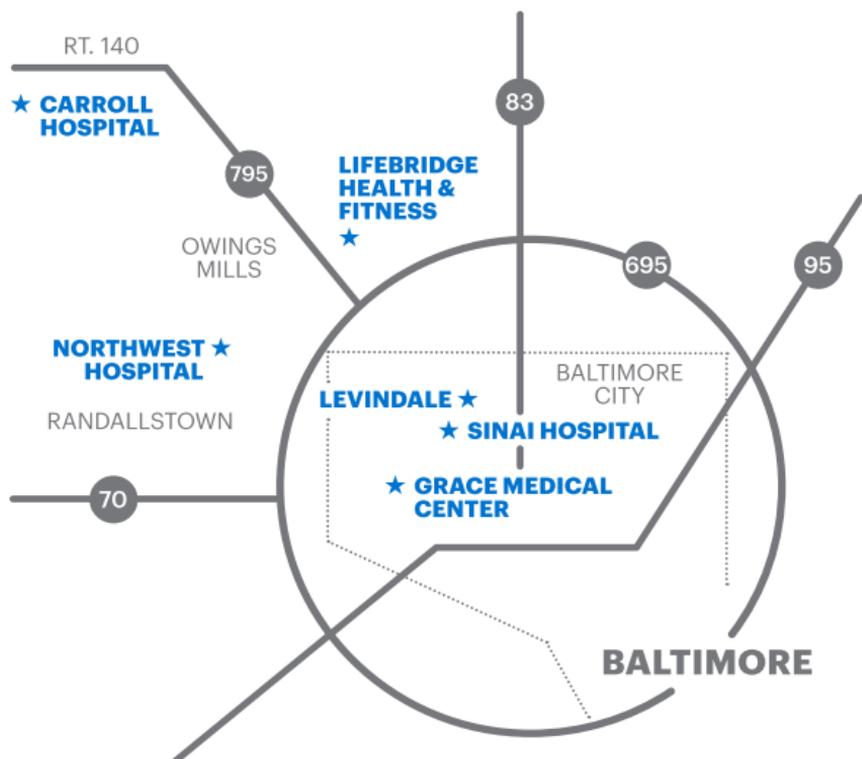
## Our team

- Internal medicine physicians
- General medical provider consultants
- Licensed practical nurses
- Nursing assistants
- Occupational therapists
- Physical therapists
- Psychiatric team
- Recreational therapists
- Registered nurses
- Social worker
- Speech therapists
- Spiritual care providers

## Structured care

Our structured care model focuses on making every moment matter. Structured care keeps patients socially engaged, decreases problem behaviors, provides stimulation, and reduces boredom and falls while increasing satisfaction. The critical element in structured care is engaging in meaningful activities with patients and families. Brief, frequent activities greatly enhance a patient's life. Interactions are designed to do with – not for – patients. All staff engage in activities with patients and daily activities are displayed on the boards at each pod.





## Directions

**From the West** From Howard County and points west, head east on I-70 to I-695 East (Baltimore Beltway toward Towson). Take exit 23 to I-83 South (Jones Falls Expressway). Proceed about three miles and take exit 10 (Northern Parkway). Turn right onto Northern Parkway. At the second traffic signal, turn left onto W. Belvedere Ave. At the next traffic signal, turn right into the Levindale main entrance.

**From the South** From downtown Baltimore, take I-83 North (Jones Falls Expressway) to exit 10 (Northern Parkway). At the third traffic signal, turn left onto W. Belvedere Ave. At the next traffic signal, turn right into the Levindale main entrance.

**From the North** Take I-83 South. At the junction with I-695 (Baltimore Beltway), enter I-695 East (Pikesville direction). Re-enter I-83 South at exit 23. Proceed for about three miles and take exit 10 (Northern Parkway). Turn right onto Northern Parkway. At the second traffic signal, turn left onto W. Belvedere Ave. At the next traffic signal, turn right into the Levindale main entrance.

**From the East** Take I-95 South to exit 64, I-695 West (Baltimore Beltway, toward Towson). Take exit 23 to I-83 South (Jones Falls Expressway). Proceed for about three miles and take exit 10 (Northern Parkway). Turn right onto Northern Parkway. At the second traffic signal, turn left onto W. Belvedere Ave. At the next traffic signal, turn right into the Levindale main entrance.

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