

Pre-Endoscopy Check List and General Information

- 1. For colonoscopy and sigmoidoscopy examinations, complete your entire bowel preparation as directed. If there are questions or problems during this process, please call (410)601-5392 to speak with our on-call physician. This may allow time for a new preparation/plan and will hopefully improve the quality of your examination.**
- 2. For all sedated procedures, please remember to be NPO (nothing by mouth) after midnight, except for any blood pressure and heart medications. These can be taken on the morning of your procedure, with a small sip of water. If you are not fasting for the procedure, it will likely be canceled.**
- 3. You must be accompanied by a driver, or your procedure will be canceled. You may not drive on the day of the procedure.**
- 4. Bring a list of your active medications (and dosages).**
- 5. Wear comfortable clothing.**
- 6. Please do not wear any strong perfumes, oils, or colognes.**
- 7. Leave all jewelry and any items of value at home.**
- 8. Bring your insurance cards and photo identification.**
- 9. Bring reading material (book or magazine), as there could be a wait or delay in your procedure.**
- 10. Come to the 4th floor of the Blaustein Building, to the GIDC Department.**
- 11. Please arrive one hour before your procedure time (e.g., arrive at 8am for 9am procedure). This will allow time for you to change, to complete paperwork, and to have an IV placed for medications.**

12. ***Women of child-bearing age will need to provide a urine specimen upon arrival to exclude pregnancy. This is required, even in women on birth control pills or with a recent menstrual cycle.***

13. ***If you must cancel your procedure or have questions at any point before the day of your procedure, please contact the office of the physician who will be performing the procedure (during business hours). If you must cancel your procedure or have problems on the actual day of your procedure, please contact the GIDC at (410) 601-1073 as soon as possible.***