

Department of Medicine
Division of Gastroenterology



Colonoscopy Bowel Preparation Instructions - HalfLyte & Bisacodyl

You are scheduled to have a colonoscopy on _____. Please arrive at _____ to the Endoscopy Center/GIDC on the 4th floor of the Blaustein Building, adjacent to the main hospital.

- 1) Fill your prescription for HalfLyte and Bisacodyl tablets bowel prep kits.
- 2) Stop taking aspirin, Coumadin and arthritis medication seven (7) days before the procedure or as directed by physician. Stop taking Plavix five (5) days before the procedure unless directed otherwise.
******If you are taking Coumadin, Plavix or anticoagulants, please contact your primary care physician or cardiologist before stopping them.******
- 3) The morning before the exam, prepare the HalfLyte according to the instructions on the bottle and then refrigerate.
- 4) You may eat breakfast on the day before the procedure, but you may have only clear liquids afterwards. Please see the "Clear Liquid Diet" chart on the reverse of this page.
- 5) At 5:00 p.m. take the four (4) Bisacodyl tablets with 8 oz of a clear beverage. Do not chew or crush them.
- 6) Start drinking the HalfLyte solution at 6:00 p.m.
- 7) Drink eight (8) oz. every 10-15 minutes. You need to drink the entire bottle. If you should feel nauseated, stop for 10 minutes and then resume drinking.
- 8) You may have clear liquids until midnight.
- 9) **Do not eat or drink anything after midnight or on the morning of the procedure.**
- 10) You should take any heart and blood pressure medications with a sip of water on the morning of the procedure.
- 10) Someone must come with you to take you home after the procedure. You will be unable to drive after the procedure.
- 11) Parking is on the Main Visitor Lot, Belvedere or Cylburn Parking Garages. Parking tickets are no longer validated. You must pay to park.

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT

Please call our office at (410) 601-5392 if you have any questions or concerns.