

**CLEAR LIQUID DIET**  
**Nothing Red or Purple**

<b>FOOD</b>	<b>ALLOWED</b>	<b>NOT ALLOWED</b>
BEVERAGES	<ul style="list-style-type: none"> <li>• CLEAR FRUIT JUICES WITHOUT PULP</li> <li>• COFFEE</li> <li>• TEA (HOT OR COLD)</li> <li>• SODA</li> <li>• GATORADE</li> <li>• POWERADE</li> <li>• CRYSTAL LIGHT</li> </ul>	<ul style="list-style-type: none"> <li>• MILK PRODUCTS</li> <li>• RED OR PURPLE JUICES/LIQUIDS</li> </ul>
DESSERTS	<ul style="list-style-type: none"> <li>• PLAIN GELATIN</li> <li>• FRUIT ICES WITHOUT CHUNKS OF FRUIT</li> <li>• POPSICLES MADE FROM CLEAR JUICES</li> </ul>	<ul style="list-style-type: none"> <li>• PUDDINGS</li> <li>• YOGURT</li> <li>• RED JELLO</li> <li>• ICE CREAM</li> <li>• SHERBERT</li> </ul>
SOUPS	<ul style="list-style-type: none"> <li>• BROTH</li> <li>• BOUILLON</li> <li>• FAT FREE CONSOMME □</li> </ul>	<ul style="list-style-type: none"> <li>• CREAM SOUPS</li> <li>• SOUPS WITH VEGETABLES, NOODLES, OR OTHER CHUNKS OF FOOD</li> </ul>
MISCELLANEOUS	<ul style="list-style-type: none"> <li>• SALT</li> <li>• PEPPER</li> <li>• SUGAR</li> <li>• ARTIFICIAL SWEETENERS</li> <li>• CLEAR HARD CANDY</li> </ul>	<ul style="list-style-type: none"> <li>• ALL OTHERS</li> </ul>

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