

BRINGING HEALTH AND HOPE *to Our Community*

At Carroll Hospital, our mission is to be the heart of health care for our community. In 2016, we delivered more than \$15 million in much-needed health and wellness services—from breast cancer screenings to stroke awareness education—to families throughout our region. On page 15, discover just one of the many ways we're working to make our community stronger.

FINANCIAL ASSISTANCE

Free or Reduced-Cost Care, Medicaid Expansion Fees.....\$ 2,228,312

MISSION-DRIVEN HEALTH SERVICES

Physician Access, Hospital-Based Services.....\$ 8,269,317

Access Carroll, Free Clinic for the Uninsured.....\$ 354,957

Community Benefit Operations.....\$ 191,880

COMMUNITY HEALTH SERVICES

Education, Screenings, Support Groups,
Health Navigation, Medicaid Enrollment Support.....\$ 2,991,851

COMMUNITY BUILDING ACTIVITIES

The Partnership for a Healthier Carroll County, Inc.\$ 542,445

EDUCATION—HEALTH PROFESSIONALS

Nurses, Physicians, Allied Health.....\$ 474,927

COMMUNITY CONTRIBUTIONS

Cash and In-Kind.....\$ 269,585

RESEARCH

Community Health Research.....\$ 189,374

TOTAL COMMUNITY BENEFIT \$15,512,648

Spotlight: Access Carroll **BREAKING THE CYCLE OF POVERTY, ADDICTION AND POOR HEALTH**

Ten to 15 years. That's the gap in life expectancy between the poorest and wealthiest citizens in our nation, according to a 2016 study published by the Journal of the American Medical Association. Here in our community, Access Carroll is working to change that.

A joint venture among Carroll Hospital, the Carroll County Health Department and The Partnership for a Healthier Carroll County, Access Carroll was created in 2005 to break the vicious cycle of poverty and poor health that affects the nearly 10,000 Carroll County residents who live below federal poverty guidelines. The nonprofit provides a wide range of free, integrated health care services to patients regardless of their ability to pay, including primary care, dental care, lab work, pharmacy services and care coordination services—all delivered by a volunteer team of physicians, nurses and medical professionals.

In 2016, Access Carroll partnered with the Carroll County Health Department's Bureau of Prevention, Wellness and Recovery to greatly expand the clinic's behavioral health services. Services now include ambulatory detox for alcohol and opioid addictions, urgent care for crisis intervention, individual and group counseling, and opioid overdose response training.

The expansion is timely, considering that Carroll County, like most of the region, has witnessed a spike in opioid drug use and overdose deaths in recent years. From January to October 2016 alone, the Carroll County Sheriff's Office reported 323 overdose-related cases and 32 fatalities with heroin as the leading cause. By comparison, the sheriff's office recorded seven overdose-related deaths for the entirety of 2013.

"The numbers may seem shocking, but the reality of what is affecting these individuals and families in Carroll County cannot be ignored," says Tammy Black, executive director of Access Carroll. "Substance abuse disorder has no limitations to socio-economic status or education and crosses over into every realm of culture."

The expansion is also one more way for Access Carroll to ensure it can continue to serve its rapidly growing and evolving patient base. In fiscal year 2016, the clinic tallied 10,381 patient encounters, including medical encounters with 528 new patients and dental encounters with 496 new patients.

With Carroll Hospital's support and grant monies from the Carroll Hospital Foundation endowment fund, Access Carroll has been able to add much-needed staff, including a full-time social worker dedicated to patients with behavioral health challenges. "Access Carroll is proud to be a community-centric model of care that directly responds to the needs of our own community," says Black.

For more information on how you can help support Access Carroll, or to make an appointment, please call 410-871-1478 or visit AccessCarroll.org

