Touching More Lives BECAUSE OF YOU

At Carroll Hospital, we are building a healthier community one person at a time. That is why we worked hard in 2015 to bring more than $15 million in much-needed health and wellness services to friends, neighbors and families throughout our region. Every life we touch makes our entire community stronger.

Financial Assistance
Free or Reduced-Cost Care, Medicaid Expansion Fees .... $ 2,165,511

Mission-Driven Health Services
Physician Access, Hospital-Based Services .... $ 7,891,832
Access Carroll, Free Clinic for the Uninsured .... $ 259,245
Community Benefit Operations .... $ 216,322

Community Health Services
Education, Screenings, Support Groups,
Health Navigation, Medicaid Enrollment Support .... $ 3,078,845

Community Building Activities
The Partnership for a Healthier Carroll County, Inc. .... $ 552,314

Education—Health Professionals
Nurses, Physicians, Allied Health .... $ 531,839

Community Contributions
Cash and In-Kind .... $ 223,194

Research
Community Health Research .... $ 198,904

Total Community Benefit $15,118,006

Promoting the Power of Early Detection in the Fight Against Breast Cancer

The incidence rate for breast cancer in Carroll County is higher than the Maryland state average. But early detection can often make a world of difference. That's why Carroll Hospital set out in 2015 to educate the community about breast cancer screening guidelines. The hospital began by developing a Breast Health Awareness Fact Sheet, which was distributed to more than 20 organizations and senior centers in the community with the help of the GFWC Women's Club of Westminster.

The hospital also partnered with the Carroll County Bureau of Aging and Disabilities to host five breast health screenings at senior centers in Eldersburg, Hampstead, Taneytown, Mt. Airy and Westminster. Participants received one-on-one breast health consultations and clinical breast exams with a physician. The combined programs reached more than 1,200 women and resulted in two breast cancer diagnoses that may have otherwise gone undetected.

Teaching Community Members to Think F-A-S-T When Stroke Hits

When 11-year-old Daniel Zentz thought his mother was having a stroke, he knew exactly what to do. He had been taught the lifesaving Think F-A-S-T acronym (see below) by a Carroll Hospital employee at his recent Boy Scout troop meeting.

The troop meeting was one of the countless outreach efforts Carroll Hospital has made since 2012 to educate the community about the warning signs of stroke. In 2015, Carroll Hospital experts educated more than 300 community members at free stroke awareness presentations in schools, senior centers, caregiver groups and more. A Think F-A-S-T advertising and social media campaign brought the stroke awareness message to an additional 4,700 constituents. Is it making a difference? Yes: the stroke death rate has been on a steady downward trend since 2011.

F **Face:**
Smile. Does one side of the face droop?

A **Arms:**
Raise both arms. Does one arm drift downwards?

S **Speech:**
Speak a simple phrase. Is the speech slurred or strange?

T **Time:**
Time is critical. Call 9-1-1 at the first sign of these symptoms.