

Abdominal Aortic Aneurysm (AAA) Risk Assessment

When a weak area of the abdominal aorta expands or bulges, it's called an abdominal aortic aneurysm (AAA). The pressure from blood flowing through the abdominal aorta can cause the weakened part to bulge, much like a balloon. When it stretches too much it can burst or rupture, causing serious health problems. Approximately 200,000 people in the United States are diagnosed with AAA each year. Are you at risk for AAA?

Are you at risk for Abdominal Aortic Aneurysm (AAA)?

Please answer yes or no to the following questions:

- 1) Are you a male over 55 years of age?
 Yes No

- 2) Do you have a family history of abdominal aortic aneurysm?
 Yes No

- 3) Have you ever been diagnosed with high blood pressure?
 Yes No

- 4) Do you take medication for high blood pressure?
 Yes No

- 5) Do you have atherosclerotic or hardening of the arteries?
 Yes No

- 6) Do you smoke?
 Yes No

AAA Risk Assessment Results:

If you are a male over the age of 55 and have answered **YES** to at least one of the questions, you are considered to be at risk for Abdominal Aortic Aneurysm and should talk to your doctor.

The information provided in this online risk assessment is for informational purposes only. It does not take the place of regular medical check-ups and is not a substitute for medical advice or treatment. Before taking any action, LifeBridge health recommends consultation with your doctor or a health care professional.