



Prepare Your Family for COVID-19

CareFirst Video Visit now available at no cost for the duration of this public health emergency

COVID-19 is spreading within the United States. The Centers for Disease Control and Prevention recommends that now is the best time to prepare yourself and your family.

One thing you can do is sign up for CareFirst Video Visit so you can visit with a doctor from the comfort of home, minimizing possible exposure to the virus for yourself and others. Doctors can evaluate your risk for COVID-19 and other respiratory conditions, advise on next steps, and refer you to in-person care if needed.

Video visits using CareFirst Video Visit are a covered benefit under your CareFirst health plan.

Sign up for free today and be prepared! Go to carefirstvideovisit.com or download the mobile app.

