

Introducing... RISE

RISE (Resilience In Stressful Events) is part of the Caring for the Caregiver (CFCG) initiative at LifeBridge Health

**FREE PEER-TO-PEER
SUPPORT WHEN OUR
TEAM MEMBERS
NEED IT MOST.**



The RISE program is powered by a multi-disciplinary group of LifeBridge Health team members, ready to support and respond to their fellow team members in their times of need.

Have a hard shift? Witness something stressful? Need to vent? The RISE program peer supporters know what you've been through and are waiting to help you.

Scan the QR code to reach out today.



**Visit www.lifebridgehealth.org/CFCG
for more information.**

 **LIFEBRIDGE
HEALTH.**
CARE BRAVELY