

**Directions to the Neurodiagnostic Suite • Sinai Hospital of Baltimore  
2401 West Belvedere Avenue • Baltimore MD 21215**

**From the Northwest** — From Carroll County, Owings Mills, or Reisterstown, take I-795 to I-695 East (Baltimore Beltway, Towson direction). Take exit 23 onto I-83 South (Jones Falls Expressway). Proceed for approximately 3 miles and take Exit 10, Northern Parkway. **Look below for directions from Northern Pkwy.**

**From the North** — From Pennsylvania and northern Baltimore suburbs, take I-83 South. At junction with I-695 (Baltimore Beltway), enter I-695 heading West (Pikesville direction). Re-enter I-83 South at Exit 23. Proceed for approximately 3 miles and take Exit 10, Northern Parkway. **Look below for directions from Northern Pkwy.**

**From the West** — From Howard County and points west, head east on I-70 or I-40 to I-695 East (Baltimore Beltway, Towson direction). Take Exit 23 onto I-83 South (Jones Falls Expressway). Proceed for approximately 3 miles and take Exit 10, Northern Parkway. **Look below for directions from Northern Pkwy.**

**From the East and Northeast** — From Towson, Harford County, and points further north, take I-95 South to Exit 64, I-695 West (Baltimore Beltway, Towson direction). Take Exit 23 onto I-83 South (Jones Falls Expressway). Proceed for approximately 3 miles and take Exit 10, Northern Parkway.

**Directions from Northern Parkway to Sinai Hospital** — Head west on Northern Parkway. At the second traffic signal, turn left onto West Belvedere Avenue. Sinai Hospital will be on your left. Park in the parking lot and enter through the entrance to the Main Hospital. See "Upon Entering the Hospital" at bottom of this page.

**From the South** — From the DC, MD, VA area, take I-95 North into downtown Baltimore via the I-395 Exit. Turn RIGHT at W. Pratt Street. Turn LEFT at S. President Street, which becomes I-83 North (Jones Falls Expressway). Take I-83 North to Exit 10B, Northern Parkway West. At the third traffic signal, turn left onto West Belvedere Avenue. Sinai Hospital will be on your left. Park in the parking lot and enter through the entrance to the Main Hospital. See "Upon Entering the Hospital" at bottom of this page.

**Parking** — At the time of the printing of this packet, parking charges at Sinai are as follows:

**0–1/2 hr = \$0.00 • 1/2–2 hrs = \$4.00 • 2–3 hrs = \$5.00 • 3–7 hrs = \$6.00 • Over 7 hrs = \$10.00**

**Entering the Hospital**

1. Enter the hospital through the main entrance.
2. Upon entering, look ahead & to the right for a glass-enclosed office and for the sign that says "Patient Registration."
3. After registering, exit the office, turn left, and take the main lobby elevators to the 5<sup>th</sup> floor.
4. Upon exiting elevator, go left through the double doors. The sign above the doors says "Neurodiagnostics Suite."
5. Look left, and you will see a little hallway with a sign on the wall that says "Neurodiagnostics Suite." (Do not go straight through the second set of double doors.)
6. Turn left down the little hallway.
7. As you look at the glass door that also says "Neurodiagnostics Suite," you will see a button (the doorbell) on the wall to your left.
8. Ring the bell, and someone will come to greet you.
9. If after a few minutes, no one comes to the door, call 410-601-5709.
10. If you have any questions, please call 410-601-9755.

