

### US News & World Report

Sinai Hospital has been ranked 3 times among the top 50 hospitals nationally in the areas of Neurology and Neurosurgery as recognition of its one-of-a-kind consortium of specialists who provide a full spectrum of care for patients with neurologic conditions.

### Becker's Hospital Review

Sinai Hospital was included in Becker's Hospital Review list of 100 Hospitals and Health Systems with Great Neurology and Spine Programs for 2018—the only Maryland hospital included on the list. This achievement marks the second time that Sinai was so recognized by Becker's Review. The organizations featured on this list have extensive neuroscience and spine programs, providing treatment and cutting-edge research into neurosurgical disorders.

### Thrombectomy-Capable Stroke Center at Sinai Hospital

In 2018, the Joint Commission certified the Stroke Center at Sinai Hospital as the first hospital in Maryland to receive the newly created designation as a Thrombectomy-Capable Stroke Center.

Beginning in 2005, Sinai was certified as a Primary Stroke Center, a national-level certification emphasizing the high-level comprehensive care that Sinai provides to patients with stroke. The new certification as a thrombectomy-capable center signifies that Sinai meets rigorous standards for performing mechanical endovascular thrombectomy, a specialized surgical procedure for removing blood clots from the brain during an ischemic stroke, and the capability of performing the procedure on a 24/7 basis. The hospital's neurointerventionalists—the physicians who routinely perform emergency mechanical thrombectomy—must meet the highest standards of subspecialty training.



Sinai's Stroke Center was also once again designated in 2019 as a Primary Stroke Center by The Maryland Institute for Emergency Medical Services Systems. This state-level certification signifies that the Center meets the unique and specialized needs of patients with stroke and has the critical elements to achieve long-term success in improving outcomes for these patients.



Each year since 2008, the Stroke Center has been awarded for its excellence by the American Heart Association/American Stroke Association. Once again in 2019, the stroke team's efforts were distinguished by the awarding of the highest honors—the **Get With The Guidelines (GWTG)-Stroke Gold Plus Quality Achievement Award with Target: Stroke Honor Roll Elite Plus**. This award recognizes the hospital's commitment to providing the most appropriate stroke treatment according to nationally recognized guidelines.

To qualify for the **Target: Stroke Honor Roll Elite Plus**, a hospital must meet quality measures developed to reduce the time between patients' arrival at the hospital and their treatment with the clot-buster tissue plasminogen activator (tPA, i.e., alteplase), the only drug approved by the US FDA to treat ischemic stroke. Sinai Hospital earned the award by achieving the following specific quality measures for diagnosing and treating patients with stroke: (1) Door-to-needle time of  $\leq 60$  min in 75% of eligible patients and (2) Door-to-needle time of  $\leq 45$  min in 50% of eligible patients.



### Comprehensive Epilepsy Center at Sinai Hospital

The Comprehensive Epilepsy Center at Sinai Hospital has been designated a Level 4 Center by the National Association of Epilepsy Centers (NAEC), making it one of only four in Maryland with this designation. Level 4 designation means that the Sinai Comprehensive Epilepsy Center has "the professional expertise and facilities to provide the highest level of medical and surgical evaluation and treatment for patients with complex epilepsy," according to the NAEC.



### Neuromuscular/Electrodiagnostic Program

The neuromuscular/electrodiagnostic laboratory of the Berman Brain & Spine Institute (BSI) received Accreditation with Exemplary status from the American Association of Neuromuscular & Electrodiagnostic Medicine. The highest level of accreditation that a center can receive from the AANEM, this designation ensures that patients receive quality medical care in a safe environment.



### Neuroscience Center of Excellence

The Berman Brain & Spine Institute has been designated as a Neuroscience Center of Excellence, based on national surveys conducted by NeuStrategy of Chicago. The BSI's Specialty Center designation cites it as a state-of-the-art hospital within a hospital. This survey is an annual report card for more than 150 hospitals in 41 states that measures hospital neuroscience initiatives in 4 key areas: programs, staff, facility and technology, and business.



***The Berman Brain & Spine Institute is the only comprehensive, integrated inpatient and outpatient program in Maryland dedicated to improving outcomes in patients with diseases of the nervous system and spine.***