

# CAREER EMPOWERMENT

## What is the Career Empowerment program?

In partnership with current LifeBridge Health community support services, VSP\* offers Career Empowerment, an opportunity for participants to determine **career direction, acquire work readiness and job search skills, all leading to stable employment.**

## Ask yourself...

- Are you interested in determining your career path?
- Would a paid LifeBridge Health internship be helpful to gain job readiness and job-related skills?
- Could you benefit from learning job search skills to enter the local labor market?
- Are you ready to enter the local labor market, as a first step toward financial independence?

**If your responses are YES...the Career Empowerment program is a great choice!**

## Why choose Career Empowerment?

Through Career Empowerment comprehensive services, you will:

1. Determine a clear, realistic career path through career assessment
2. Gain job-related skills training in a LifeBridge Health department through an 8-week paid internship
3. Acquire job readiness skills needed for steady employment
4. Develop state-of-the-art skills to conduct an effective job search and obtain employment
5. Receive initial transportation funding, training supplies and interview clothing
6. Apply for and be considered for LifeBridge Health or local employment opportunities
7. Exit services with an active email account; updated resume, references and sample job application
8. Receive support through all program phases - assessment, training, placement and retention and on-going case management support from your current LifeBridge Health program.

## Questions?

**Winnie Hopkins** - [whopkins@lifebridgehealth.org](mailto:whopkins@lifebridgehealth.org) or **240-801-6649**



**\*VSP** is a workforce development department here at LifeBridge Health, providing assessment, training and placement services to the greater Baltimore community.