Career Assessment Services

VSP’s Career Assessment Services helps participants make informed career choices. A client’s work potential, ability and interests are assessed through this process. Individuals have the opportunity to explore career possibilities in a supportive environment. This process can take two days to one week in order to determine a realistic and informed career path.

Eligibility Requirements

- 16 years of age or older
- Able to provide a birth certificate or Social Security card and a valid state-issued identification card or driver’s license
- Able to pass drug/alcohol screening
- Willing to submit to a background check

Career Assessment Options

- Itemized assessment uses the appropriate tool, instrument or method to answer specific referral questions.
- Focused assessment is designed to determine the feasibility of a specific, chosen career goal; this process can include real or simulated work.
- Exploratory assessment uses career exploration resources and methods to determine the next step in long-range planning for each individual. This typically involves investigation and education about possible jobs, taking into consideration the client’s interests, needs, abilities and limitations.
- Community-based assessment examines an individual’s interests, needs and abilities in a work site in the community, typically at Sinai Hospital. This method can include situational assessment, on-the-job evaluations and job trials.
- Comprehensive assessment is an intensive process, using real or simulated work to answer questions concerning abilities and interests not answered by other assessment tools. This option incorporates a career-planning process for those with the most severe vocational challenges.

Upon completion of the assessment process, a detailed report is provided along with the individual’s test and work sample details resulting in recommendations, both short-term and long-term. A case conference is offered with the client, referring counselor and others, to review results and recommendations. We also offer flexible scheduling and special accommodations as appropriate.