RETURN! BRAIN INJURY COMMUNITY REENTRY PROGRAM
OUTCOME DATA: CY2016-CY2018

The Mayo-Portland Adaptability Inventory (MPAI) was incorporated into the RETURN! Program as its primary client assessment tool in 2014. All primary RETURN! staff are trained in the MPAI and its scoring methodologies. It is administered and collectively scored within two weeks of a client’s admission and again at discharge. Scores are collected and compared to assess client progress and program effectiveness. The program sets an informal goal of .2 improvement in MPAI score for every treatment day attended by a client. Formal outcome measures are below.

Following several years of administering the MPAI to RETURN! clients, it was decided to change outcome methodology in 2017. A tiered approach is now employed to assess functional improvement in each individual. Expected recovery for each tier is as follows:

- Client LOS of 10–19 days = MPAI ≥ 2 points
- Client LOS of 20–39 days = MPAI ≥ 4 points
- Client LOS of 40+ days = MPAI ≥ 6 points

The program sets a goal of 75% of clients, who remain in programming for 10+ days, to meet the expected change in MPAI points listed above.

Given that “Community Reentry” is imbedded in the program’s name, RETURN! closely tracks the number of clients who, upon completion of services, are able to resume a meaningful lifestyle. A “positive vocational placement” is defined as

1. returning to work or school;
2. entering vocational training;
3. actively volunteering; or
4. at home with primary responsibilities.

The program sets a goal of 80% for clients achieving a positive vocational placement.
The RETURN! Program has maintained a high level of client satisfaction throughout its history. Much of this is due to the nature of milieu treatment and program staff maintaining a mindful focus on the client experience throughout care. The questions posed to assess satisfaction focus on seven areas: quality of care, inclusion, program marketing, staff expertise, respect from staff, discharge plans and program structure. An affirmative “yes” to 6/7 of the questions is deemed a satisfied client experience. A goal of 100% satisfaction is expected.

RETURN! Brain Injury Program—2018 Demographics

Case mix for CY2018:

- Number of clients admitted to program: 24
- Number of clients completing program: 20
- Gender: 13 males / 7 females
- Average age: 43.8

Average treatment days while in program: 37

Average therapy hours per treatment day: 4 (includes both individual and group)

Average number of client therapy (OT, PT, SLP) visits: 68.4

Number of clients receiving neuropsychological evaluation: 19

Number of clients followed by Sinai PM&R Physiatrist: 21