

LifeBridge Fellowship in Geriatric Pelvic Medicine and Continence

Institution: Sinai Hospital of Baltimore
A LifeBridge Health Institution
Department of Urology
Division of Pelvic Neuro-Science

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Type of Fellowship: Geriatric Pelvic Medicine and Continence

Duration of Fellowship: 2 Years

Prerequisite: Candidates must be within 10 years of graduation from residency training at the start of their fellowship. Please note that the fellowship is only open to those that graduated from ACGME approved residency training program.

Starting Dates: July 1, each academic year.

Salary Level: PGY5 with health benefits, plus an "On-Call" supplement

Application Deadline: Open. Application will be reviewed as received starting 18 months prior to the start of the Fellowship. Early application is recommended as the positions will be filled using a rolling selection.

Approximate Interview Date: N/A, (usually 10-12 months in advance).

Approximate Final Decision Date: Applicants selection will take place yearly by members of the faculty. Decisions will be communicated by Fed-Ex approximately 9 months before start date.

Description:

The Goal of the Fellowship in Neuro-Urology is:

- To prepare graduate physicians in PM&R, Internal Medicine, Geriatrics, Neurology and or Urology with the skills to manage all types of urinary tract issues that commonly occur in chronic care settings and in neurologically impaired patients.

The objectives of the Fellowship:

- To be able to describe the basis of Neuro Anatomy and Neuro Physiology of the lower urinary tract (LUT)
- To learn to classify the steps of management for the most commonly encountered neurologic conditions responsible for neurogenic bladders such as: Spinal Cord Injury (SCI), Multiple Sclerosis (MS), Parkinson's disease, congenital cord malformations, and stroke (CVA).
- To perform a (video) Urodynamic study, to describe its indications and to interpret it.
- To understand and be facile with the non surgical methods to aid in problems with bladder emptying and bladder storage.
- To be able to assess the value of electrostimulation/modulation in neuromuscular lower urinary tract diseases.
- To describe the technique, indications, results, pitfalls and risks of the use of Botulinum Toxin in the Lower Urinary Tract.
- To describe the indications, techniques and role of surgery in the management of neurogenic bladders (stents, sphincterotomies, bladder augmentations, diversions, etc.)

At the conclusion of the training program physicians will attain certification:

- Flex & Ridged Cystoscopy
- Complex Urodynamics
- Pelvic Floor Muscle EMG
- Pudendal & Ileo Inguinal Hypogastric Blocks
- Sacral Nerve Root Stimulation

These fellows will be strongly encouraged to become members of ICS, INS, NANS, and SUFU and to participate at the regional and national meetings of the American Urologic Association (AUA).