# Functional Assessment Scale (FAST)

1	No difficulty either subjectively or objectively.			
2	Complains of forgetting location of objects. Subjective work difficulties.			
3	Decreased job functioning evident to co-workers. Difficulty in traveling to new locations. Decreased organizational capacity. *			
4	Decreased ability to perform complex task, (e.g., planning dinner for guests, handling personal finances, such as forgetting to pay bills, etc.)			
5	Requires assistance in choosing proper clothing to wear for the day, season or occasion, (e.g. pt may wear the same clothing repeatedly, unless supervised.*			
6	Occasionally or more frequently over the past weeks. * for the following  A) Improperly putting on clothes without assistance or cueing .  B) Unable to bathe properly ( not able to choose proper water temp)  C) Inability to handle mechanics of toileting (e.g., forget to flush the toilet, does not wipe properly or properly dispose of toilet tissue)  D) Urinary incontinence  E) Fecal incontinence			
A)Ability to speak limited to approximately ≤ 6 intelligible different wor in the course of an average day or in the course of an intensive interview B) Speech ability is limited to the use of a single intelligible word in an average day or in the course of an intensive interview     C) Ambulatory ability is lost (cannot walk without personal assistance.)     D) Cannot sit up without assistance (e.g., the individual will fall over if there are not lateral rests [arms] on the chair.)     E) Loss of ability to smile.     F) Loss of ability to hold up head independently.  *Scored primarily on information obtained from a knowledgeable informant.				

<sup>\*</sup>Scored primarily on information obtained from a knowledgeable informant Psychopharmacology Bulletin, 1988 24:653-659.

# Palliative Performance Scale (PPS)



%	Ambulation	Activity and Evidence of Disease	Self-Care	Intake	Level of Conscious
100	Full	Normal activity, no evidence of disease	Full	Normal	Full
90	Full	Normal activity, some evidence of disease	Full	Normal	Full
80	Full	Normal activity with effort, some evidence of disease	Full	Normal or reduced	Full
70	Reduced	Unable to do normal work, some evidence of disease	Full	Normal or reduced	Full
60	Reduced	Unable to do hobby or some housework, significant disease	Occasional assist necessary	Normal or reduced	Full or confusion
50	Mainly sit/lie	Unable to do any work, extensive disease	Considerable assistance required	Normal or reduced	Full or confusion
40	Mainly in bed	Unable to do any work, extensive disease	Mainly assistance	Normal or reduced	Full, drowsy, or confusion
30	Totally bed bound	Unable to do any work, extensive disease	Total care	Reduced	Full, drowsy, or confusion
20	Totally bed bound	Unable to do any work, extensive disease	Total care	Minimal sips	Full, drowsy, or confusion
10	Totally bed bound	Unable to do any work, extensive disease	Total care	Mouth care only	Drowsy or coma
0	Death		_	_	

# Neurological/Dementia Hospice Eligibility Card

Hospice is a patient-centered, family-oriented approach to care for those facing a terminal limiting illness that combines pain and symptom management with spiritual and emotional support.



# **HOSPICE ELIGIBILITY CRITERIA**

# **DEMENTIA** (The patient has both 1 and 2)

1. Stage 7C or beyond according to the FAST Scale

## AND

- 2. One or more of the following conditions in the 12 months:
- Aspiration pneumonia
- Pvelonephritis
- Septicemia
- Multiple pressure ulcers ( stage 3-4)
- Recurrent Fever
- Other significant condition that suggests a limited prognosis
- Inability to maintain sufficient fluid and calorie intake in the past 6 months (10% weight loss or albumin < 2.5 gm/dl)</li>



#### **NEUROLOGIC DISEASE**

(chronic degenerative conditions such as ALS, Parkinson's, Muscular Dystrophy, Myasthenia Gravis or Multiple Sclerosis)

The patient must meet at least one of the following criteria (1 or 2A or 2B):

- 1. Critically impaired breathing capacity, with all:
  - Dyspnea at rest, Vital capacity < 30%, Need O2 at rest,</li>
  - patient refuses artificial ventilation

### OR

2. Rapid disease progression with either A or B below:

### Progression from:

- independent ambulation to wheelchair or bed-bound status
- · normal to barely intelligible or unintelligible speech
- normal to pureed diet
- independence in most ADLs to needing major assistance in all ADLs

#### **AND**

- A. Critical nutritional impairment demonstrated by all of the following in the preceding 12 months:
  - Oral intake of nutrients and fluids insufficient to sustain life
  - Continuing weight loss
  - Dehydration or hypovolemia
  - Absence of artificial feeding methods

#### OF

- B. Life-threatening complications in the past 12 months as demonstrated by ≥1:
  - Recurrent aspiration pneumonia, Pyelonephriti

