CARE BRAVELY

The best care is more than medical
At LifeBridge Health, we treat people, not patients. We respond to challenges with leadership. We solve problems creatively. We Care Bravely.
Dear Friends,

Since 1866, LifeBridge Health has gone beyond the call of duty to serve those in need without bias, and we’re still here today changing how care is given.

This year, we’ve launched a movement called Care Bravely. More than an ad campaign, Care Bravely is about recommitting and continuing to invest in our purpose. It’s a conversation about what we stand for, what we offer, how we see ourselves and, most importantly, how our patients feel about their experience under our care. Binding our mission and vision together, Care Bravely inspires our team members to live our purpose with everything we do.

In this report, you’ll read about how we Care Bravely by continuing to push the boundaries of healthcare through innovation, education and hands-on caring for our community.

By supporting innovation, we’re able to bring healthcare to our patients by making their access as seamless as possible. Through digital health initiatives, we’re able to use smartphones and mobile devices to make healthcare more personalized and timely. The LifeBridge Health BioIncubator, based at Sinai Hospital, hosts biotech startups that are developing life-altering devices and diagnostic tools that will benefit people everywhere.

As we solidify partnerships in our communities, we’re taking our purpose of “caring for our communities together” beyond its current definition. Through our partnerships with Safe Streets and the Baltimore Child Abuse Center, we are diligently working with organizations to ensure we are continuing the vital work of making our world better, one person at a time.

Through educational efforts, our teams are striving to create healthier people by offering support and training to those who need it most. Our Veteran Hiring and Training program helps veterans transfer skills developed in the military to civilian careers, and our #StrongerHearts collaboration with the American Heart Association provides heart health information by giving the community resources and medical expertise.

Thank you for helping us Care Bravely. It’s not just a slogan. It’s a promise to every patient we see.

Sincerely,

Neil M. Meltzer
President and CEO
LifeBridge Health

“Binding our mission and vision together, Care Bravely inspires our team members to live our purpose with everything we do.”

“While going through the worst thing in the world, our healthcare team became family to us. They not only take care of the patient, but they provide compassionate care for the family as a whole.”

Matthew Mintzeman and Lauren Shapiro

“The LifeBridge Health team is made up of skilled professionals who worked together to investigate my symptoms and diagnose my condition. Once diagnosed, I was cared for with the utmost respect and treated not just as a sick patient, but as a whole person learning to live with an illness and adjusting to my new normal.”

Melissa Seltzer

“My doctor said that she knew exactly how I felt – she had cancer twice herself. This beautiful, intelligent woman who was going to save my life knew exactly where I was coming from. That was tremendous.”

Lisa Schwartzbeck
Care Bravely illuminates the way LifeBridge Health is redefining healthcare by going beyond the traditional. We Care Bravely by caring for our community outside our hospital walls, promoting innovation in medical protocols and business practices, and providing education to empower people to make a difference.
This project is the first step in our vision of becoming the most accessible and innovative healthcare system in Maryland.

James Roberge
Vice President, Capital Improvements and Support Services

The Sinai Expansion Project began as a plan to replace aging infrastructure but soon became a vision to reinvent the hospital campus. The new development aims to provide patient-friendly, consolidated medical care, spark innovation and create opportunities for the community, with:

Integrated care. Consolidated services in one easy-to-access location.

Enhanced safety. Easy-to-navigate footpaths and convenient parking for patients and staff.

Room for innovation. Dedicated space for health IT and biotech companies, complementing LifeBridge Health’s wildly popular BioIncubator.

Community services. A spacious home for Baltimore Child Abuse Center, with room for all the services that children and families in crisis need.

Economic growth. LifeBridge Health’s significant investment will catalyze community development, attract new business and create new jobs.

Sinai/Baltimore Campus Vision

Pimlico Campus

1. Ambulatory Hub
2. Center of Hope
3. Parking
4. Innovation Hub
5. Academic, Research, Job Creation Hub
Northwest Baltimore Partnership

Northwest Baltimore Partnership (NWBP) is a newly formed organization comprising founding members Sinai Hospital, Park Heights Renaissance and CHAI (Comprehensive Housing Assistance, Inc.), along with representatives of Baltimore City and Baltimore County community and government organizations. NWBP aims to increase investment in northwest Baltimore for capital improvements, as well as community and economic development, through public and private sources.

Over the next year, NWBP will address challenging housing conditions in the Central Park Heights, Cylburn and Glen Hills neighborhoods. These areas build upon 21st Century Schools, which are being renovated to provide healthy, inspiring and technology-equipped learning spaces, and function as community hubs and revitalize neighborhoods.

$43M Went into the recent redevelopment of Pimlico Elementary/Middle School in Park Heights, as part of the 21st Century School Construction and Revitalization Project.

Violence Prevention

Just like any other disease, the best treatment for violence is prevention. A unique partnership between Safe Streets, an anti-violence organization within the Baltimore City Health Department, and Sinai Hospital is working to break the cycle of violence, one person at a time.

When shooting, stabbing and assault victims appear on the patient log at Sinai Hospital, trained hospital responders act immediately. They meet with the victims at their hospital bedsides to discuss the violence intervention program. “The first priority is reducing the likelihood of re-injury and retaliation,” says Anthony Barnes, a hospital responder who works closely with Safe Streets. With the patient’s permission, they provide information so Safe Streets can help deter retaliation or further violence.

These victims, whether bystanders or gang members, frequently lack education, work experience or a positive living situation. “When a patient is referred to Safe Streets, they can receive workforce development, tutoring, memberships and warm handoffs to resources that assist with their service care plan,” says Barnes.

Outreach workers affiliated with Safe Streets also interrupt violence by regularly canvassing city neighborhoods, building relationships with at-risk youth and adults, and diffusing potentially violent situations.

“WE’RE WORKING WITH SAFE STREETS TO BUILD PUBLIC SUPPORT FOR CHANGING COMMUNITY CULTURE SO PEOPLE REJECT VIOLENCE AND SUPPORT PRO-SOCIAL MESSAGING.”

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Centering Pregnancy, a group prenatal care program offered at Sinai Community Care, gives expectant mothers a more active role in their care and connects medical providers and patients in ways individual care typically doesn’t.

Instead of rushing through a 15-minute visit with a patient who is excited and maybe even nervous about her pregnancy, Centering Pregnancy providers spend more than 90 minutes with a small group of patients, reviewing common pregnancy concerns, sharing information about breastfeeding and newborn care, and discussing expectations for labor and delivery.

“Our patients not only receive excellent care; they become empowered over the course of their prenatal care to monitor their health and progress throughout the pregnancy. Our patients have formed friendships within the group that we hope will continue as their babies grow up together,” says Caroline Shell, D.O., director of Centering Pregnancy.

Studies show that moms taking part in the program have healthier babies. Centering Pregnancy has also helped eliminate racial disparities in preterm birth and improve breastfeeding success. More than 50 patients have completed Sinai’s program, all of whom have gone on to breastfeed their babies.

“Centering Pregnancy helps you to share feelings with other future moms and to discuss experiences with other moms. I highly recommend it to first-time moms,” says Dorcas B., a mother who completed the program.

LifeBridge Health recently announced plans to make Baltimore Child Abuse Center (BCAC), a longtime partner, a part of the system with planned headquarters in the upcoming Sinai Expansion Project development.

BCAC works with Baltimore City officials and medical personnel to develop a coordinated, child-friendly and time-sensitive response to child abuse. “Children who have suffered from trauma are often retraumatized by the length and repetition of the many legal processes and systems that are intended to help them,” says Adam Rosenberg, executive director of BCAC.

Each year, BCAC provides more than 1,000 children with comprehensive forensic interviews, medical exams, mental health treatment and any necessary assistance to help them cope with trauma.

“As part of LifeBridge Health, we can offer services in both a timely and cost-effective way with staff that are equally as committed to and understanding of our mission as we are,” says Rosenberg.

Baltimore Child Abuse Center

“SUCCESS WITH HEALING CHILDREN REQUIRES A COMPREHENSIVE AND COORDINATED SYSTEM OF CARE FOR EACH CHILD.”

Adam Rosenberg
Executive Director, BCAC

Many participants in Centering Pregnancy form continuing friendships.

36x341
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Many participants in Centering Pregnancy form continuing friendships.
Ray Lewis speaks at the opening of the new Power52 headquarters at Old Court Center.

LifeBridge Health has been hard at work creating partnerships and making investments intended to rebuild and revitalize the Liberty Road corridor in Randallstown, home to Northwest Hospital.

“In the last 10 years, we’ve modernized the hospital and brought specialty services, surgery centers, and primary and urgent care to the area with the Northwest Professional Center and Liberty Center. Now, we’ve opened the Old Court Center,” says Faraaz Younus, president and COO of Northwest Hospital.

The newly constructed 45,000-square-foot Old Court Center is the latest LifeBridge Health initiative aimed at providing access to care, jobs and other opportunities to community members.

The center houses the Harry and Jeanette Weinberg Center for Aging in Community, home to LifeBridge Health Adult Day Services, a state-of-the-art adult day care, Levindale Outpatient Rehabilitation, and Blackwell-White and Associates Pediatric Medicine. Other tenants include Trinity University, which connects students to opportunities at Northwest Hospital, and Power52, a nonprofit organization that provides employment training in the solar industry for at-risk adults.

Power52, co-founded by NFL Hall of Famer Ray Lewis, seeks to break the cycle of poverty, unemployment, underemployment and incarceration in urban communities through economic empowerment and clean energy access.

Through classroom instruction and paid-on-the-job training, Power52 Energy Institute Baltimore City training program enrolls unemployed and at-risk adults in an accredited 11-week training program, which includes wraparound services to ensure that the trainees are successful.

In addition to job training and placement, Power52 also aims to provide sustainable solutions in low-income communities. In December 2017, it installed solar panels on Living Classrooms’ three community centers in East Baltimore, creating the nation’s first urban community-based resiliency hub. At these hubs, residents will be able to charge their cell phones and get fresh water, food and other resources during a major emergency or natural disaster.

Power52.org

achieving and maintaining health goes beyond checkups, medicine and exercise. A good environment is also important to well-being. We need to live, work and play in healthy surroundings every day to thrive physically, psychologically and socially.

That’s why the LifeBridge Health Clean & Green Team, the result of a partnership between LifeBridge Health and Park Heights Renaissance, takes a “rakes on the ground” approach to improving the lives of people and communities. The Clean & Green Team helps people with landscaping, lawn care, litter removal, painting and minor repairs in Baltimore City, Baltimore County and Carroll County. The team has cleared vacant lots, cleaned up parks and maintained green, safe playing fields for children’s sports leagues.

Clean & Green Team client Shirley Morrow, an 88-year-old Eldersburg, Md., resident, says, “I am thankful that the LifeBridge Health Clean & Green Team can help take care of my yard work. There is no way I could do it, and it helps me out a lot.”

Baltimore Mayor Catherine Pugh (center) and former LifeBridge Health executive vice president Brian White (center right) with members of the Clean & Green Team.
Innovation

IMPROVING ACCESS TO AND QUALITY OF CARE WITH UNMATCHED RESEARCH AND TECHNOLOGY

The mission of the LifeBridge Health BioIncubator, based at Sinai Hospital, is to improve human health by bringing together emerging businesses, innovative technologies and leading physicians to create breakthrough technology with an entrepreneurial spirit.

The BioIncubator offers startup biotech companies common lab space along with access to industry experts, Sinai’s internal review board, the Sinai Hospital Innovation Council; and LifeBridge Health physicians, scientists and patients. It was the only hospital-based bioincubator in Maryland when it launched in 2015. Now, three years later, the BioIncubator has an active waiting list in the double digits.

By unlocking the secrets of cells, scientists create new ways to diagnose diseases earlier than ever before.

The LifeBridge Health BioIncubator

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Taking advantage of its link to LifeBridge Health physicians and patients, BioIncubator partners work on a variety of projects, such as developing clinical trials that will help patients with a variety of diseases, including HIV, and a device that can detect diseases using particles found in a patient’s breath.

Sinai is also in the process of launching a BioIncubator Affiliate Program for companies that do not need physical lab space but would like to have access to the BioIncubator’s robust resources.

“The BioIncubator was born out of a strong desire to partner with the most exciting and innovative healthcare startups in our region. This kind of innovation allows our physicians and scientists the opportunity to more rapidly experiment with and implement cutting-edge medical technologies on behalf of patients,” says Daniel Durand, M.D., chief innovation officer and vice president of research at LifeBridge Health.

CUMULATIVE FUNDING

$9.2M

CUMULATIVE REVENUE

$3.5M

CUMULATIVE GRANTS RECEIVED

14

Discovery Happens Here
Just as digital technology has changed everything from shopping to banking, digital health at LifeBridge Health is revolutionizing the way that patients connect to their care. With secure texts, phone calls, video and internet connectivity, care is convenient, efficient and seamlessly accessible.

LifeBridge Health patients have enthusiastically embraced these tools in a short time. From July to December 2018, 3,175 patients used our enterprise digital health platform. That number is expected to increase to 7,500 by July 2019. In fiscal year 2018, 2,500 LifeBridge Health patients had virtual visits, with 3,500 visits projected for 2019.

In response to this rapid growth, we are always adding features and addressing evolving demands. “We are continually evaluating new technologies to determine a fit for unmet strategic needs and identifying partnerships that go beyond the traditional vendor-consumer relationship,” says Tressa Springmann, senior vice president and chief information officer of LifeBridge Health.

The Ed TeleTriage is a simple solution to a big problem. Each year, millions of Americans miss medical appointments because of a lack of transportation, preventing them from getting the medical care they need. To improve access to care, LifeBridge Health has partnered with Uber Health, which provides safe and convenient rides for patients. We can schedule rides for patients immediately or in advance, and rides are free for up to three months after a hospital stay.
Patients who enter a hospital’s emergency department (ED) with urgent health problems shouldn’t have to wait to see a doctor, but that’s what usually happens. Long wait times have troubled emergency departments for decades. But thanks to LifeBridge Health’s new virtual hospital, waiting times for ED patients at Sinai and Northwest hospitals have drastically decreased.

Virtual Hospital

Providers in the virtual hospital can immediately request and review tests and lab work, see notes made by the nurse and devise a plan of care. The speed and convenience of this technology allows providers to see 60-70 patients a day, resulting in reduced wait times for patients and more timely care. Additionally, LifeBridge Health Clinical Operations Center, Pulse ambulance service and virtual hospital providers work together to monitor and connect at-risk patients to get the care they need before their conditions worsen and require hospitalization.

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“A patient can go to the virtual hospital, see a doctor, and be treated in a day,” says Jonathan Thierman, M.D., Ph.D., chief medical information officer, LifeBridge Health. “Telemedicine makes it possible for a patient’s first interaction to be with a doctor or advanced practice provider, which ensures that more patients can receive the right care at the right time.”

Jonathan Thierman, M.D., Ph.D. CHIEF MEDICAL INFORMATION OFFICER, LIFEBRIDGE HEALTH

“TELEMEDICINE MAKES IT POSSIBLE FOR A PATIENT’S FIRST INTERACTION TO BE WITH A DOCTOR OR ADVANCED PRACTICE PROVIDER, WHICH ENSURES THAT MORE PATIENTS CAN RECEIVE THE RIGHT CARE AT THE RIGHT TIME.”

As part of the $13.5 million expansion and renovation of The Family Birthplace, Carroll Hospital launched an innovative Neonatal Couplet Care Program. Developed by the Karolinska Institute in Sweden, couplet care allows babies who are born prematurely or require specialized care to stay with their mothers, instead of being sent to a separate nursery.

“The whole concept of couplet care is that the parents become the caregivers, and the nurses become coaches in that care,” says Linda Grogan, executive director of women’s, children’s and surgical services at Carroll Hospital. “It reduces the length of stay for the baby, encourages maternal-infant bonding and helps parents feel more comfortable in taking care of the baby,” says Grogan.

With most of the construction completed, The Family Birthplace is more than 20,000 square feet and consists of beautifully appointed patient labor and delivery rooms, larger suites for neonatal couplet care, operating suites and a family room for parents staying with their newborns.

Couplet Care

Leslie Simmons, RN, FACHE EXECUTIVE VICE PRESIDENT, PRESIDENT, CARROLL HOSPITAL

“We are very excited to offer the neonatal couplet care program to families. It provides a great comfort to those who have babies born prematurely or require specialized care.”

Access Carroll

Carroll Hospital is working to provide greater access to healthcare with Access Carroll, a joint venture between Carroll Hospital, the Carroll County Health Department and The Partnership for a Healthier Carroll County, Inc. Access Carroll is a nonprofit medical home for uninsured and low-income residents of Carroll County. It offers integrated medical, dental, and behavioral health care for Carroll County residents who may be uninsured, underinsured or have public assistance insurance.

Access Carroll’s services are offered on a sliding fee scale based on household income and certain eligibility requirements.

Access Carroll

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Being a patient and receiving care can be overwhelming in itself, but many patients also have issues that make accessing care difficult, such as a lack of transportation, being underinsured or challenging home situations. At LifeBridge Health, our coordinated care approach to patient-centered care ensures that our patients have the support and resources they need to get the right care at the right time.

To achieve this coordinated care approach, we have placed community health workers in the Emergency Department to help patients with scheduling and getting to appointments. We have created substance abuse teams with peer recovery specialists to address the ongoing opioid epidemic and have established a community care coordination program that helps high-risk patients maintain an appropriate level of care by addressing the social determinants of health.

By taking these steps, we have decreased the number of readmissions to both Sinai and Northwest hospitals, which have both ranked in the top three with total rewards from the state for this outcome. Results like these only happen when we continuously place patients at the center of care. Susan Mani, M.D., vice president of clinical transformation of LifeBridge Health, says, “The best outcome is when we hear from patients about our care coordination teams, and we hear this often: ‘They gave me back my life.’”

Although located many miles away, LifeBridge Health Clinical Operations Centers in Jerusalem, Israel, and Manila, Philippines, benefit patients and providers in Maryland by giving support to LifeBridge Health facilities. Staffed with nurses and advanced practice providers who are licensed in Maryland, the Israel-based center provides immediate telephone support to patients who have questions, along with follow-up calls to patients upon discharge to see if they need assistance. It also provides services, such as managing prescription refill logistics, that are traditionally handled by on-site clinical staff in Maryland.

LifeLink, the Philippines-based center, provides nonclinical, administrative support, such as scheduling follow-up appointments and transportation.

With these operations centers and our local teams, LifeBridge Health patients can talk with a live person at any time of day or night. “Being able to speak to a nurse immediately about their concerns makes an incredible difference for our patients and improves efficiencies to provide better access to appropriate care and patient satisfaction,” says Kristina Schader, practice and communications administrator for the Krieger Eye Institute at LifeBridge Health.

“OUR GLOBAL CLINICAL OPERATIONS CENTERS ALLOW LIFEBRIDGE HEALTH TO TAKE ADVANTAGE OF AN INTERNATIONAL WORKFORCE TO MANAGE THE NEEDS OF OUR PATIENTS LOCALLY IN MARYLAND.”

Jonathan Moles
ASSISTANT VICE PRESIDENT OF LIFEBRIDGE HEALTH’S COMMAND CENTER AND ACCESS
Education

Providing Opportunities for Empowerment through Collaboration and Scholarship

BY COMBINING THE STRENGTHS OF LIFEBRIDGE HEALTH AND THE AMERICAN HEART ASSOCIATION THROUGH THE #STRONGERHEARTS INITIATIVE, WE HOPE TO TRANSFORM HOW PEOPLE RECEIVE AND ENGAGE WITH INFORMATION SURROUNDING HEART DISEASE AND STROKE.

Neil M. Meltzer
President and CEO, LifeBridge Health

"By combining the strengths of LifeBridge Health and the American Heart Association through the #StrongerHearts Initiative, we hope to transform how people receive and engage with information surrounding heart disease and stroke."

#StrongerHearts

#StrongerHearts is a unique and innovative collaboration between the American Heart Association (AHA) and LifeBridge Health. Bringing together the resources and medical expertise of both AHA and LifeBridge Health, #StrongerHearts provides easy-to-understand and interactive information about the prevention and treatment of heart disease, the leading cause of death in the United States. At lifebridgehealth.org/strongerhearts, users can find recipes and cooking videos and articles on a vast array of heart-related topics.

The collaboration also includes community events about heart disease, stroke and prevention, such as a World Stroke Day “takeover” of Baltimore’s Graffiti Alley. At the event, community members, physicians and survivors spray-painted messages of support to honor those affected by stroke and raise awareness of stroke, including symptoms, treatment and prevention.
The surest way to create a vibrant future for our communities is investing in the education of young people. In its second year, the LifeBridge Health/ExpressCare Community Scholarship Program awarded 34 scholarships to Maryland high school seniors and college freshmen. The winners submitted essays on the theme “How I Will Use My Education to Give Back to My Community.”

“The scholarship program is the result of the shared vision of LifeBridge Health and ExpressCare to invest in our communities,” says Dave Krajewski, executive vice president and chief financial officer of LifeBridge Health and president of LifeBridge Health Partners, which includes ExpressCare.

One of this year’s winners, Veeraj Shah, is a sophomore at the University of Maryland, College Park and two-time awardee. During his freshman year, Shah, who is in the university’s Integrated Life Sciences Honors program, did research in India and presented his results at two public health conferences. “The scholarship program is the surest way to create a vibrant future for our communities is investing in the education of young people.”

Maurice Reid
CHIEF EXECUTIVE OFFICER AND MEDICAL DIRECTOR OF EXPRESSCARE

“THROUGH THIS SCHOLARSHIP, WE HOPE TO INSPIRE THE NEXT GENERATION OF HEALTHCARE LEADERS AND MEDICAL PROFESSIONALS.”

Veteran Hiring and Training

Figuring out how to apply military skills to a civilian career is difficult for many servicemen and women, according to Ralph Jones, director of end-user technology at Sinai Hospital of Baltimore. Jones, who served 20 years in the Marine Corps, says that civilian life is “a different world, a day and night difference.”

Jones, a member of the LifeBridge Health Veterans Council, volunteers at LifeBridge Health hiring fairs to provide a friendly face to veterans who attend. “The biggest thing I do is just talk to people and say ‘Hey, let me look at your resume,’ and then I try to give them some tips,” says Jones.

Ralph Jones
DIRECTOR OF END-USER TECHNOLOGY, SINAI HOSPITAL

“We want to let them know that LifeBridge Health is veteran-friendly,” says Joe Quinn, senior vice president and chief human resources officer at LifeBridge Health and co-chairman of the Veterans Council. Quinn, who is not himself a veteran but has many veteran friends and family members, including his father and two uncles, says, “Through the council’s efforts to recruit and retain retired servicemen and women and support veteran employees, we can give back to our community and show our gratitude to those who have selflessly served our country.”

Veteran Hiring and Training

215
VETERANS HIRED ANNUALLY

“The biggest thing I do is just talk to people and say, ‘Hey, let me look at your resume,’ and then I try to give them some tips.”

Maurice Reid
CHIEF EXECUTIVE OFFICER AND MEDICAL DIRECTOR OF EXPRESSCARE

34
SCHOLARSHIPS AWARDED IN 2018

$85K
TOTAL AMOUNT AWARDED IN 2018

ExpressCare Scholarship Program
LifeBridge Health at a Glance

Health Services Cost Review Commission
Readmission Rates
CY2013 - CY2017

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1. Includes Community Physicians, Baltimore and Lifebridge Health Partners
2. Total number of credentialed physicians
3. Care provided for which compensation is not received, i.e., any combination of bad debts and charity care

Operating Revenue

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Uncompensated Care

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<tr>
<th>Year</th>
<th>Uncompensated Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016</td>
<td>$58.7M</td>
</tr>
<tr>
<td>2017</td>
<td>$64.5M</td>
</tr>
</tbody>
</table>
**Network of Care**

**CARROLL HOSPITAL**

**Nationally Accredited Radiation Oncology Services**

> “Connecting with the staff energizes me and reminds me to go above and beyond every day. I want to remove any obstacles and make it better for those who are taking care of our patients.”

**Levinradle Hebrew Hospital and Nursing Center**

**Groundbreaking Post-Acute Care**

> “We connect our patient care to excellent outcomes by providing extraordinary care that reflects the value of each of our team members as they bring hope, healing and recovery to our patients.”

**LEVINDALE HEBREW HOSPITAL AND NURSING CENTER**

**OR Excellence Award for Staff Safety**

> “We pride ourselves on giving patients the best and most compassionate care possible while consistently meeting and exceeding healthcare industry measures.”

**NORTHWEST HOSPITAL**

**Get With The Guidelines-Stroke Gold Plus Recognition**

> “At our core, it’s about all of us working together to provide the best experience for our patients and ensure we’re collaborating to deliver outstanding, compassionate care.”

**SINAI HOSPITAL OF BALTIMORE**

**Select Medical Services**

- Behavioral Health
- Carroll Hospice
- Minimally Invasive and Advanced Surgical Care
- Orthopedics and Sports Medicine
- Tow Center for Wellness
- William J. Kaubel Regional Cancer Center
- Women and Children

- Acute Rehabilitation
- Adult Day Services
- Behavioral Health Unit
- Critical and Long-Term Care
- High Intensity Care Unit
- Households at Levinradle
- Specialized Pulmonary Care Services and Vent Waning

- Behavioral Health
- Herman & Walter Samuelson Breast Care Center
- Krueger Eye Institute
- Minimally Invasive and Robotic Surgery
- Rubin Institute for Advanced Orthopedics
- Sandra and Malcolm Berman Brain & Spine Institute
- Sub-Acute Care

- Alumni & Lois Lapidus Cancer Institute
- Herman & Walter Samuelson Children’s Hospital
- Etzioni Eye Institute
- LifeBridge Health Cardiovascular Institute
- Rubin Institute for Advanced Orthopedics
- Sandra and Malcolm Berman Brain & Spine Institute
- Sinai Rehabilitation Center
LifeBridge Health Partners

Because the future of healthcare is growing beyond the walls of the traditional hospital setting, LifeBridge Health has chosen to partner with other health-related service companies throughout the region. “By expanding relationships with care providers, LifeBridge Health can offer patients a full continuum of care, from health and wellness to hospice care,” says David Krajewski, president of LifeBridge Health Partners and executive vice president and chief financial officer of LifeBridge Health.

Care at Home
HomeCare Maryland is a Medicare-certified and Joint Commission-accredited home health agency that provides compassionate, skilled health services to patients in Baltimore City and Baltimore, Carroll, Cecil, Harford and Frederick counties. Services include nursing care, physical, occupational and speech therapy, social work, and nutritional and behavioral health support.

The newest addition to LifeBridge Health Partners, Avila Home Care provides a full range of private duty services, including companion and personal care, meal preparations, and supportive services like light housekeeping and pet care.

For patients requiring infusion therapies, Nation’s Home Infusion Health Partners, and executive vice president and chief financial officer of LifeBridge Health.

Rehabilitation and Skilled Nursing
FutureCare, a leader in short-term rehabilitation and skilled nursing care throughout Maryland, and Britton Woods Health and Rehabilitation Center at Winifield, a CMS five-star rated facility, meet the needs of both long-term and short-stay residents by providing individualized care plans that help patients achieve the highest level of functional capacity.

Senior Living
With a brand new independent community, Springwell Senior Living features the very best for active seniors, along with memory care, in a beautiful, warm environment.

Hospice
Providing in-home care in Baltimore, Carroll and Frederick counties and inpatient care at its Dove House in Westminster, Carroll Hospice is dedicated to enhancing the quality of life for patients with life-limiting illnesses and their families.

Output Pharmacy Services
The outpatient pharmacies at Carroll, Northwest and Sinai hospitals serve the prescription medication needs of LifeBridge Health’s patients, employees, physicians and community members.

Urgent Care
ExpressCare, Maryland’s fastest-growing urgent care company, is open seven days a week from 8 a.m. to 9 p.m., treating minor illnesses and injuries. Walk in or skip the wait by using its convenient online appointment system.

Radiology
Advanced Radiology and Community Radiology Associates offer the latest innovations in medical imaging, including 1.5T MRI, 3-D mammography, ultrasound and PET/CT, to patients in Baltimore and Carroll counties.

Occupational Health
Carroll Occupational Health specializes in managing employment-related healthcare needs, including injury management and employee physicals, under one roof.

Ambulatory Surgery Centers
LifeBridge Health’s ambulatory surgery centers, conveniently located in Owings Mills and Ellict City, provide same-day surgical care, including diagnostic and preventive procedures.

Outreach Labs
LifeBridge Health’s outreach laboratory services centers are located throughout Maryland, including Baltimore City and Baltimore, Harford, Cecil, Carroll, Anne Arundel and Prince George’s counties.

Kidney Care
DaVita Kidney Care delivers dialysis services to patients with chronic kidney failure and end stage renal disease.

Medical Transportation
When patients need emergency or basic stretcher or wheelchair transportation to or from any LifeBridge Health facility, Pulse Medical Transportation’s team of paramedics, critical care nurses and skilled drivers is available 24 hours a day, seven days a week.

VSP
VSP Business Support Services offers digital printing, wide-format printing, mailing and document management.

Sleep Centers
The LifeBridge Health Sleep Centers specialize in the diagnosis and treatment of sleep disorders in adult and pediatric patients.

Dietary Services
Dietary Services provides nutrition counseling and individual meal planning.

Rehabilitation Services
With 24 outpatient locations around Baltimore, plus locations at Sinai, Carroll and Northwest hospitals, LifeBridge Health Rehabilitation Services provides convenient access to physical and occupational therapy and other clinical services.

Fitness and Wellness
One of the nation’s top 100 health clubs, LifeBridge Health & Fitness offers a full slate of group classes, personal training sessions, an indoor pool and massage, acupuncture, and laser services.

Billing and Coding Services
The leading specialists at Practice Dynamics (PDI) perform a full range of comprehensive billing, coding and compliance services for more than 600 LifeBridge Health providers.

The Shops at LifeBridge Health
Our gift shops at Sinai, Northwest and Carroll hospitals stock a variety of items for patients, family and friends. Subway at Sinai Hospital offers many healthy meal options.

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Community Partners

When we join forces with other organizations, we tap into the power of partnership and amplify our ability to make the world better.

CIVIC WORKS

Civic Works is Baltimore’s urban service corps and an AmeriCorps program. Its mission is to strengthen Baltimore’s communities through job training and volunteerism. Civic Works changes lives every day through education, skills development and community service. civicworks.com

PARK HEIGHTS RENAISSANCE

Park Heights Renaissance is working to shape a better future in Park Heights. Its community-based plan seeks to create a thriving and sustainable community with land, economic and human development, including a massive redevelopment in the Park Heights community. parkheightsrenaissance.org

CHAI (COMPREHENSIVE HOUSING ASSISTANCE, INC.)

CHAI (Comprehensive Housing Assistance, Inc.) works to develop and support thriving, stable communities in neighborhoods with a substantial Jewish population through housing services and loans, community development, and senior services. chaiatlanta.org

MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT

The Maryland Department of Housing and Community Development supports livable, dynamic and sustainable communities throughout the state, with a range of programs and financing tools that help Marylanders build and maintain homes, businesses and communities. dhcd.maryland.gov

HEALTHY NEIGHBORHOODS

Healthy Neighborhoods, a nonprofit organization founded in 2004, helps strong but undervalued Baltimore neighborhoods increase home values, market their communities, create high standards for property improvements and forge strong connections among neighbors. healthyneighborhoods.org

Community Partners

ACCESS CARROLL
ALPHA GAMMA ALPHA SORORITY INC.
AMERICAN DIABETES ASSOCIATION
AMERICAN HEART ASSOCIATION
AMERICAN HOSPITAL ASSOCIATION
AMERICAN LEGION
AMERICAN RED CROSS
AMERICAN STROKE ASSOCIATION
ARLINGTON ELEMENTARY MIDDLE SCHOOL
THE ASSOCIATED JEWISH COMMUNITY FEDERATION OF BALTIMORE
BALTIMORE CHILDBIRTH CENTER
BALTIMORE CITY BOARD OF EDUCATION
BALTIMORE CITY RACIAL DISCRIMINATION TASK FORCE
BALTIMORE CITY COLLEGE
BALTIMORE CITY DEPARTMENT OF RECREATION AND PARKS
BALTIMORE CITY DEPARTMENT OF Aging
BALTIMORE CITY DEPARTMENT OF PLANNING
BALTIMORE CITY HEAD START PROGRAM, ST. VINCENT DEPAUL, OF BALTIMORE
BALTIMORE CITY HEALTH DEPARTMENT
BALTIMORE CITY POLICE DEPARTMENT, NORTHWEST DIVISION
BALTIMORE COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES
BALLYMOR ELEMENTARY MIDDLE SCHOOL CENTER FOR A LIVABLE FUTURE
CHAI (COMPREHENSIVE HOUSING ASSISTANCE, INC.)
CHANA
CHESWICK BRESTEDT HEALTH SERVICES
CREATIVE CITY CHARTER SCHOOL
CREW JUNIPER GROVE HEALTH SYSTEM INFORMATION FOR OUR PATIENTS
DELTA SIGMA THETA SORORITY, INC.
FAMILY LEAGUE OF BALTIMORE
FELLOWSHIP OF CRIME PREVENTION AND PREVENTION HEALTH CARE WITHOUT HARM
HEALTHCARE ACCESS MARYLAND (HCAM)
HEALTHY FAMILIES AMERICA
HEALTHY NEIGHBORHOODS, INC.
JANE ADDAMS RESOURCE CORPORATION (JARC)
JEWISH COMMUNITY CENTER OF GREATER BALTIMORE
JEWISH COMMUNITY SERVICES OF BALTIMORE
JOHNS HOPKINS MARYLAND HEALTH SYSTEM
JOHNS HOPKINS SCHOOL OF PUBLIC HEALTH
JOHNS HOPKINS HOSPITAL, FACULTY PRACTICE ONCOLOGY
KIPP BALTIMORE
MARYLAND TAXATION CENTER
MARYLAND HOSPITAL CORPORATION
MARYLAND HEALTH CONNECTION
MAYO’S OFFICE OF EMPLOYMENT & DEVELOPMENT MORGAN STATE UNIVERSITY SCHOOL OF PUBLIC HEALTH
MORGAN STATE UNIVERSITY SCHOOL OF PUBLIC HEALTH
MORGAN STATE UNIVERSITY SCHOOL OF PUBLIC HEALTH
MY BROTHER’S KEEPER
NEIGHBORHOODS UNITED
NORTH AMERICAN TRADE SCHOOLS
PARK HEIGHTS COMMUNITY HEALTH ALLIANCE (PHCHA)
PARK HEIGHTS FAMILY SUPPORT CENTER
PARK HEIGHTS RENAISSANCE
PHI BETA SIGMA FRATERNITY, INC.
PRINCE GEORGE’S COUNTY SCHOOL BOARD
QUIRKE STREETS
SHOPRITE HOWARD PARK
SISTERS SAVING THE CITY
SOUTH BALTIMORE LEARNING CENTER
UNITED WAY
UNIVERSITY OF MARYLAND HOROWITZ CENTER FOR HEALTH LITERACY
WEST BALTIMORE CARES
WHOLESALE TRADE
WINDSOUL ELEMENTARY SCHOOL
YMCAS OF CENTRAL MARYLAND
ZETA CENTER FOR HEALTHY AND ACTIVE AGING
ZON PHB SORORITY, INC.
CARE BRAVELY
Changing Lives Through Philanthropy

The Year in Review

A total of $32,159,684 was received in new gifts and pledges for the fiscal year ending June 30, 2018. Shown here: sources of the extraordinary support given to Sinai Hospital, Northwest Hospital, and Carroll Hospital, and Carroll Hospice, and Carroll Hospice, and Carroll Hospice, and Carroll Hospice, and Carroll Hospice. 

Foundation support makes a tremendous difference throughout the health system. Shown here: how donors directed their gifts during fiscal year 2018.
Community Partners

The Wolfsheim family has raised more than $50,000 for Sinai with its yearly Flyby for TBI tournament, in gratitude for Dave’s successful outcome following a serious injury at Sinai Hospital. From left: Hebrew, Denise, Dave, Taylor and Kathleen Wolfsheim, and Katie and Nancy Kelly. [Image 35x512 to 375x706]

The late Mary Tilbury, Ed.D., RN, NEA-BC, sponsored the annual Endowment Forsyth Lecture at Sinai Hospital. Dr. Tilbury was a national leader in nursing administration education and a Distinguished Nursing Lecture at Sinai Hospital. Dr. Tilbury was the second in a series of special lectures in her honor by Kidney Care.

OUR LEADERSHIP

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Vice President and Chief Operating Officer

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Senior-Vice President and Chief Operating Officer, Lehigh Valley Health Network

Jonathan Rings, M.D.
President and Chief Operating Officer, Northwest Hospital

Paraz Yovanov
President and Chief Operating Officer, Northwest Hospital

David Krajewski
Senior Vice President and Chief Operating Officer, Lehigh Valley Health Network

Leslie Szymanski, M.D.
Senior Vice President, President, Cardiac Hospital

Julie Cox
Senior Vice President and Chief Development Officer

Laura Callahan
Senior Vice President, Chief Compliance Officer

Jonathan Rings, M.D.
President and Chief Operating Officer, Northwest Hospital

Terrence Carmey
Vice President, Supply Chain Management

Matt Kraft
Chief Marketing Officer, Strategic Marketing and Communications

Brian Deluca
Chief Marketing Officer, Strategic Marketing and Communications

Matthew Polkhaus, M.D.
Chief Clinician/Chief Physician Enterprise

Martin Nohmanson
President and Chief Executive Officer, Northwest Hospital

Our Leadership

Our leadership is comprised of talented and diverse team of professionals dedicated to the highest standards of patient care and service. Together, they bring a wealth of experience and expertise to our organization, ensuring the delivery of exceptional care to our patients.

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As recent events at both the local and national levels have illustrated so clearly, the time, attention and direction board members provide is fundamental to an organization’s leadership team and serves as an impartial and guiding hand that is critical to its success.

LifeBridge Health has been fortunate in recent years to benefit from successive board leaders who have offered clear and collaborative stewardship of our organization. This guidance has fostered significant growth and allowed LifeBridge Health to better fulfill our purpose: caring for our communities together.