KEY PHONE NUMBERS
Admitting  410-601-5659  
Emergency Center (ER)  410-601-8800  
Escort Services – Security  410-601-5036  
Pastoral Care and Chaplaincy Services  410-601-9680  
Quality Customer Services  410-601-8778

VISITING GUIDELINES
Many units at Sinai Hospital do not have specific visiting hours. Although family is an important part of the healing process, it is also important to let patients receive enough rest. Some specialty units may have preferred times when patients can have visitors. Please contact the unit directly to find out the preferred visiting schedule for the unit.

CAFETERIAS
Greenspring Cafe
This mall-like food court, located on the first floor is open daily from 6:30 a.m. to 8:00 p.m. A full salad bar, grill, sandwiches, pizza, soup and sushi are among the food choices.

Cafe Shalom
This kosher restaurant, located on the first floor, is open Sunday through Thursday, 11:00 a.m. to 8:00 p.m., and Friday from 11:00 a.m. to 2:00 p.m. It is closed on some Jewish holidays. The cafe offers an assorted menu of glatt kosher and Cholov Isreali dairy choices.

The MarketPlace
Located off the Brown-Crane Lobby, the MarketPlace is a great stop for coffee and dessert, take-home dishes, and basics such as milk and eggs. It is open daily from 8:00 a.m. to 2:00 a.m.

GIFT SHOP
The gift shop is located next to the first floor main lobby and offers jewelry, clothing, plants, and a variety of other items. The gift shop hours are:
Monday - 8:30 a.m. to 5:30 p.m.
Tuesday - Thursday - 8:30 a.m. to 7:00 p.m.
Friday - 8:30 a.m. to 4:30 p.m.
Saturday - Closed
Sunday 12:00 p.m. to 4:00 p.m.
Visitors should check with the unit nurse before bringing gifts of food or drink to patients, particularly those on the Intensive Care Unit.

PHYSICIAN PRACTICES
The Sinai Hospital campus is home to several physician practices. They are located in the Hoffberger Building, the Michie Mirovsky, M.D. Medical Office Building, the Rubin Institute for Advanced Orthopedics (RIAO), and the Morton Morrow, M.D., Medical Office Building. For more information or to locate your doctor’s office, call 410-601-9155 (WELL).

VOLUNTEER OFFICE
Sinai Hospital’s Volunteer department is here to serve you by providing magazines, books, and other amenities. The Volunteer department is open Monday through Friday from 9 a.m. to 5 p.m. For more information, call 410-601-5007.

TELEPHONES
You may request a telephone for the hearing impaired or telecommunication devices for the deaf (TDDs). Amplified handsets, larynx projectors and large button phones are available at no extra charge. A TDD is available 24 hours a day. Call extension 2-4900 to request assistance.

SMOKING
Smoking in the Sinai Hospital campus is limited to designated smoking areas. Please observe the hospital’s smoking policy.

PARKING
Patients, visitors, and guests to Sinai Hospital will find ample parking available in the main visitor lot located in front of the hospital or in the Belvedere Parking garage. Both parking areas have convenient stops from W. Belvedere Avenue. Valet parking is available at the main hospital entrance and the Hoffberger Building entrance. Rates are posted at the entrances.

DIRECTIONS TO SINAI HOSPITAL
 Sinai Hospital is located in northwestern Baltimore, just three miles south of the Baltimore City Line. When approaching Baltimore:

From the Northwest
From Towson, Harford County and points farther north, take I-95 South to Exit 64, I-695 West (Baltimore Beltway, Towson direction). Take exit 23 onto I-83 South (Jones Falls Expressway). Proceed for about three miles, and take Exit 10, Northern Parkway. Head west on Northern Parkway. At second traffic signal, take a left onto W. Belvedere Avenue. Sinai Hospital will be on your left.

From the South
From downtown Baltimore, take I-83 North (Jones Falls Expressway) to Exit 10B, Northern Parkway West. At third traffic signal, turn left onto W. Belvedere Avenue. Sinai Hospital will be on your left.

at Exit 23. Proceed for about three miles, and take Exit 10, Northern Parkway. Head west on Northern Parkway. At second traffic signal, take a left onto W. Belvedere Avenue. Sinai Hospital will be on your left.

From the West
From Howard County and points west, head east on I-70 or I-95 to I-695 East (Baltimore Beltway, Towson direction). Take exit 23 onto I-83 South (Jones Falls Expressway). Proceed for about three miles, and take Exit 10, Northern Parkway. Head west on Northern Parkway. At second traffic signal, take a left onto W. Belvedere Avenue. Sinai Hospital will be on your left.

From the East & Northeast
From Towson, Harford County and points farther north, take I-95 South to Exit 64, I-695 West (Baltimore Beltway, Towson direction). Take exit 23 onto I-83 South (Jones Falls Expressway). Proceed for about three miles, and take Exit 10, Northern Parkway. Head west on Northern Parkway. At second traffic signal, take a left onto W. Belvedere Avenue. Sinai Hospital will be on your left.